

Endogest

Dienogest 2 mg



Composition

Endogest tablet: Each tablet contains Dienogest BP 2 mg.

Description

Endogest is the preparation of Dienogest which belongs to the class of medications called progestins. Progestins reduce the effect of estrogen on tissues such as the endometrium (lining of the uterus) and the breast. By reducing the growth effect of estrogen on the endometrium, Dienogest helps to reduce the pelvic pain experienced by women with endometriosis.

Indication

Treatment of endometriosis.

Dosage & Administration

One tablet should be swallowed daily without any break, preferably at the same time, with some liquid as needed. Endogest ' can be taken with or without food. Tablets must be taken continuously without regard to vaginal bleeding. In the event of one or more missed tablets, the woman should take one tablet only, as soon as she remembers, and should then continue the next day at her usual time. A tablet not absorbed due to vomiting or diarrhea should likewise be replaced by one tablet.

Overdose: Acute toxicity studies performed with dienogest did not indicate a risk of acute adverse effects in case of inadvertent intake of a multiple of the daily therapeutic dose. There is no specific antidote. A daily intake of 20-30 mg dienogest (10 to 15 times higher dose than in Endogest) over 24 weeks of use was very well tolerated.

Contra-Indication

Dienogest should not be used in women with any of the conditions listed below: known or suspected pregnancy, lactation, active venous thromboembolic disorder, arterial and cardiovascular disease, diabetes mellitus with vascular involvement, presence or history of severe hepatic disease as long as liver function values have not returned to normal, presence or history of liver tumors (benign or malignant), known or suspected sex hormone-dependent malignancies, undiagnosed abnormal vaginal bleeding. Any ocular lesion arising from ophthalmic vascular disease such as partial or complete loss of vision or defect in visual fields. Current or history of migraine with focal aura, hypersensitivity to dienogest or to any ingredient in the formulation.

Adverse Effects

The most frequently reported adverse drug reactions during treatment with dienogest in clinical- trials were headache, breast discomfort, depressed mood, and acne . The continuous administration of progestins in general leads to endometrial regression, with irregular endometrial breakthrough bleeding, particularly during the first weeks of use. Therefore changes in bleeding pattern such as spotting, irregular bleeding. Or amenorrhea occurred during treatment with dienogest.

Drug Interaction

Progestogens including dienogest are metabolised mainly by the cyp3a4 system. Therefore, Inducers or inhibitors of cyp3a4 may affect the progestogen drug metabolism.

Known cyp3a4 inhibitors like azole antifungal (e.G. Ketoconazole, Itraconazole, fluconazole), cimetidine, verapamil, macrolides (e.G. Erythromycin, clarithromycin and roxithromycin) can result in decreased clearance of sex hormones. Inducers (e.G. Phenytoin, barbiturates, primidone, carbamazepine etc.) can result in increased clearance of sex hormones.

Precaution

Before initiating treatment with dienogest. Pregnancy must be excluded. During treatment, hormonal methods of contraception should not be used and patients are advised to use non-hormonal methods of contraception if contraception is required. It can be assumed that special warnings and special precautions for use of other progestin-only therapies are valid for the use of dienogest, although not all of the warnings and precautions are based on respective findings in the clinical studies with dienogest. Women should be counselled not to smoke.

Use in Special Population

Pregnant women. The administration of Dienogest during pregnancy is contraindicated. If pregnancy occurs during treatment with dienogest, further intake must be stopped. Nursing women: dienogest is contraindicated during lactation. Though dienogest is excreted in rat milk, it is unknown if it is excreted in human milk.

Paediatric use: dienogest is not intended for use prior to menarche.

Geriatric use: there is no relevant indication for use of dienogest in the geriatric population.

Patients with hepatic impairment: dienogest is contraindicated in patients with present or past severe hepatic disease.

Patients with renal impairment: there are no data suggesting the need for a dosage adjustment in patients with renal impairment.

Storage

Store below 30° c, protected from light and moisture. Keep out of reach of children.

How Supplied:

Endogest Tablet: each box contains 10 tablets in blister pack.

Manufactured by



Ziska Pharmaceuticals Ltd.

Kaliakoir, Gazipur, Bangladesh